

Games – Day 1 – Supplies



Key Truth

God created everything. Even time. Although He exists outside of time, He created time for His creation.

For this game all you need is a child or children and a timer of some kind that can count in seconds. It is perfectly fine if you just want to have someone count silently to themselves.

HINT: For older children the time period can be longer than 15 seconds.

ACTIVITY SUGGESTIONS –

- 1) Jumping Jacks – 15 seconds
- 2) Running in place – 15 seconds
- 3) Standing on one foot – 15 seconds
- 4) Hop like a bunny – 15 seconds
- 5) Clapping and stomping – 15 seconds