

## Snacks – Day 4 – Handouts and Directions



**Key Truth** – God’s creation is full of examples of how His love for His creation is expressed in His design for them to be perfectly outfitted for life in the world they are facing. So are we. Perfectly designed in His unfathomable image.

### Fruit Pops –

For this frozen treat you will need the following supplies and a set of determined hands to mush, and mush, and mush. 😊

- ½ a thawed out frozen banana
- 6 medium thawed out frozen strawberries
- 1 sandwich size zip storage bag
- 4 ounce disposable drink cup
- 1 popsicle size craft stick

If you did not get a kit from us you can do this snack with other than strawberries. Any berries will be wonderful as long as your child-children will love it, and you have about a half cup of the berries. You will want to have frozen the banana and berries and then thawed them out (Or you can use a blender 😊).

Give the zip bag to your child and tell them to mush and mush until it is fully mushed together. Then help them pour the mushed (or blended) mixture into the cup. Now put the stick in the center and pop it in the freezer for a couple of hours. It will be a super fabulous treat in the afternoon when the sun is high.